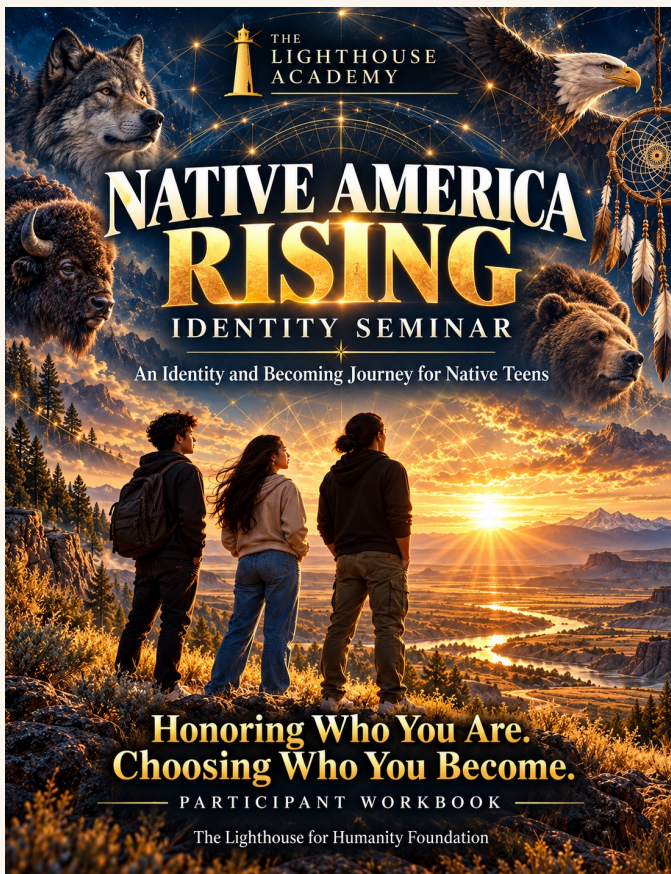


Native America Rising

IDENTITY SEMINAR

*Honoring Who You Are.
Choosing Who You Become.*



**A future worth exploring.
A community to grow
with.**

**An identity seminar for Native teens
living on reservations.**

Every young person brings strengths, questions, and possibilities. Native America Rising offers space to recognize personal worth, explore belonging, and take meaningful next steps with support.

15 CHAPTERS

45 ISSUES TO EXPLORE

STORY • DIALOGUE • ACTION

Through Landon's journey with Professor Quinn, Native teen stories, and practical reflection, participants explore who they are and who they are becoming. Participating communities guide how the learning takes shape.

THE LEARNING EXPERIENCE

Questions that open possibilities

Identity is how we understand who we are, where we belong, and who we can become. The seminar invites young people to examine that understanding while honoring the relationships and values that sustain them.

Collective Intelligence™ brings different perspectives into thoughtful conversation. Professor Quinn gives voice to questions, mentors' experience, research, and wisdom shared across generations. Participants are invited to question the mentor, too.



A repeating practice: notice, express, reflect, and choose again.

01

Landon's Journey

Listen to the audiobook or read along. Consider what Landon discovers and what you would ask.

02

Quinn's Corner

Explore Native teen stories about worth, relationships, belonging, and possibility.

03

Contemplation to Application

Reflect, identify support, choose a practical step, and return to what you learn.

FIFTEEN CHAPTERS • FORTY-FIVE ISSUES

Learning connected to life

The curriculum explores a broad range of experiences. It does not assume every young person faces every issue. Communities can select a manageable pathway through the material.

01 Worth & belonging

Recognizing strengths; examining labels; finding connection.

02 Stories & inheritance

Racism, inherited messages, and whose stories shape expectations.

03 Growth & wellbeing

Stress, responsibilities, rest, and recovery.

04 Connection & boundaries

Respectful relationships, consent, and trusted support.

05 What sustains us

Language, elders, mentors, and community-guided cultural learning.

06 Hard times & care

Grief, distress, and connecting with appropriate help.

07 Influence & choice

Substance pressure, online safety, and social comparison.

08 A future to picture

Opportunity, mentorship, adulthood, and connection to home.

09 Building capability

Education, resources, and asking for practical assistance.

10 Whole-person care

Health information, access, and confidence in seeking care.

11 Leadership & contribution

Accountability, advocacy, and constructive participation.

12 Understanding & trust

Cultural expectations, assumptions, and help-seeking.

13 Belonging through change

Sustaining relationships through disruption and separation.

14 Values in action

Youth voice, stewardship, and financial decisions.

15 Building outcomes together

Housing, food, transportation, resources, and achievable steps.

A QUESTION TO BEGIN WITH

“Who are you becoming?”

Try it: Name one quality you want to practice. Choose a small next step and identify someone who could support you.

BRINGING THE SEMINAR TO YOUR COMMUNITY

Becoming, together

Your community helps shape the experience

Native nations have distinct histories, languages, traditions, and ways of learning. Participating elders, cultural educators, families, trusted leaders, and young people guide local relevance. Cultural knowledge remains under the authority of the communities to which it belongs.



Tanya's perspective

“Our teens deserve sustained opportunities to explore who they are becoming with people who respect them, understand their community, and can help them act on what they discover.”

Tanya McElfresh

Member of the Choctaw Nation of Oklahoma
and the Chickasaw Nation
Educational Advisor, The Lighthouse Academy

Materials and facilitation

The program brings together a participant workbook, The Creation Code: Teen Edition audiobook, guided discussion, and personal application. A companion **Facilitator Manual** supports trusted local facilitators in guiding the experience.

Participants may write, draw, reflect quietly, or consider a story character. Personal sharing is optional. Some next steps require supportive people, accessible resources, or action by adults and institutions.

Bring Native America Rising to your community

Start a conversation about your young people, local priorities, facilitation, and practical arrangements.

Visit lhf.world to connect with The Lighthouse for Humanity Foundation.